PLANT FACT SHEET

Hypericum tetrapterum Fr.

GENUS *Hypericum* **FAMILY** Hypericaceae

COMMON NAMES St. Peter's wort, Peterwort, Square stemmed St John's wort

EDIBLE PARTS AND USES

Edible parts: Leaves - tea

The leaves are sued for a tea drink.

DESCRIPTION

A herb. It has a rhizome or underground stem. It keeps growing from year to year. It grows 1.2 m tall. The stems are square in cross section. There are wings at the corners. The leaves are simple and opposite. They are 4 cm long by 2.4 cm wide. They are more pale underneath. There are 10-30 flowers in a flower head. The flowers are 10-15 mm wide and have 5 pale yellow petals.

HABITAT

It is a temperate plant. It grows in damp places and near streams in Europe.

REFERENCES

Pawera, L., et al, 2017, Traditional Plant Knowledge in the White Carpathians: Ethnobotany of Wild Food Plants and Crop Wild Relatives in the Czech Republic. Hum Ecol (2017) 45:655–671

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/133c270c-e90e-4482-89e4-82eb0a494b7e