PLANT FACT SHEET

Edibility uncertain

It has not been confirmed that this plant is safe to eat. Do not eat it on the strength of this fact sheet alone.

Gardenia resiniflua Hiern

GENUS *Gardenia* **FAMILY** Rubiaceae

COMMON NAMES Gummy gardenia

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A shrub or small tree. It grows 2-5 m high. It has many branches. The wood is hard. Young branches have hairs. The leaves are mostly crowded on side shoots. The leaves are 2-10 cm long by 1-7 cm wide. They are oval and taper to the tip. The leaves are hairy underneath. The flowers occur as one to three in the axils of the upper leaves. The fruit is 9-14 mm long by 9-14 mm wide. The seeds are reddish-brown.

HABITAT

It is a tropical plant. It grows in woodland and scrub often along rivers. In Zimbabwe it grow up to 1,300 m above sea level.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

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Pickering, H., & Roe, E., 2009, Wild Flowers of the Victoria Falls Area. Helen Pickering, London. p 103

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/137d5d8e-63fa-4ebc-90b2-0949c44678b2