PLANT FACT SHEET

Veronica chamaedrys L.

GENUS *Veronica* **FAMILY** Plantaginaceae

COMMON NAMES Germander speedwell, Angel's eyes, Bird's Eye Speedwell

EDIBLE PARTS AND USES

Edible parts: Leaves, Leaves - tea

The leaves are used for tea.

DESCRIPTION

A small herb. It grows 15-25 cm high and spreads 30-50 cm wide. It keeps growing from year to year. It forms mounding clumps. The leaves are oval and have teeth. they are 12-40 mm long. They are bright green and have a few hairs. The flowers are small and blue. They have white centres. The flowers are held above the leaves in open sprays. These can contain 30 flowers.

HABITAT

It is a temperate plant. In Argentina it grows below 500 m above sea level. It suits hardiness zones 3-9.

NOTES

There are about 250 Veronica species.
Also put in the family Scrophulariaceae.

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