PLANT FACT SHEET

Sargassum muticum (Yendo) Fensholt

GENUS *Sargassum* **FAMILY** Sargassaceae

COMMON NAMES Wireweed

EDIBLE PARTS AND USES

Edible parts: Fronds, Algae, Seaweed

DESCRIPTION

A brown seaweed.

HABITAT

It is a temperate plant.

REFERENCES

Cherry, P., et al, 2019, Risks and benefits of consuming edible seaweeds. Nutrition ReviewsVR Vol. 77(5):307–329

Surey-Gent, S. & Morris G., 1987, Seaweed. A User's Guide. Whirret Books. London. p 76

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/13a41245-0a94-474e-a694-06fee03b51c5