PLANT FACT SHEET

Suaeda aegyptiaca (Hasselq.) Zohary

GENUS *Suaeda* **FAMILY** Amaranthaceae

COMMON NAMES Egyptian sea blite

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves are eaten raw as salad.

DESCRIPTION

A succulent plant. It keeps growing from year to year. It grows 30-50 cm high. The stems are closely packed with bright green leaves. The leaves are narrow and cylinder shaped and they curve upwards. The flowers are small and yellowish-green. They occur in clusters in the axils of the upper leaves. It varies a lot depending on water and soils.

HABITAT

A Mediterranean plant. It grows in sandy or gravelly soils with adequate moisture. It can tolerate highly salty soils. It grows near the seashore. It can grow in arid places.

NOTES

Also put in the family Chenopodiaceae.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/13a438af-ae82-4eb9-93a8-bf4f80f0305d