PLANT FACT SHEET

Stachys annua (L.) L.

GENUS *Stachys* **FAMILY** Lamiaceae

COMMON NAMES Woundwort

EDIBLE PARTS AND USES

Edible parts: Flowers - honey, Leaves

The flowers are the source of a light amber honey.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Ertug, F, Yenen Bitkiler. Resimli Türkiye Florası -I- Flora of Turkey - Ethnobotany supplement
Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 136
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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/13a4da8a-835f-4624-87c5-23b177cb1bec