PLANT FACT SHEET

Campanula glomerata L.

GENUS *Campanula* **FAMILY** Campanulaceae

COMMON NAMES Clustered bellflower

EDIBLE PARTS AND USES

Edible parts: Flowers, Leaves, Roots, Stem

The flowers are eaten raw. They are added to salads along with leaves.
The young shoots are cooked as a vegetable.

DESCRIPTION

A herb which forms clumps by suckering. It grows 30-90 cm high and spreads 30-60 cm wide. The stems have bristles. The leaves at the base have long leaf stalks. The leaves are 8 cm long and have fine teeth around the edge. The leaves on the stem do not have stalks. They are smaller and clasp the stem. The flowers are blue and in round heads at the tips of the plant. They can also be in the axils of the leaves.

HABITAT

It is a temperate plant. It does best with rich, calcareous soil. It needs a protected sunny location. It suits hardiness zones 4-9.

PRODUCTION

Cultivation

Plants can be grown from seed or by division of the root in autumn. They can also be grown by cuttings after flowering has finished.

NOTES

There are about 300 Campanula species.

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PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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