PLANT FACT SHEET

Cardamine scutata Thunb.

GENUS *Cardamine* **FAMILY** Brassicaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves and shoots are eaten as a vegetable.

DESCRIPTION

A cabbage family herb. It grows up to 50 cm high.

HABITAT

It is a temperate plant. It grows in valleys, shady slopes, damp sites, along ditches, rock crevices, mountain slopes, roadsides, stream sides; near sea level to 2100 m. altitude in China. In Sichuan.

NOTES

There are about 160 Cardamine species. They are mostly in damp places in temperate regions.

REFERENCES

Dangol, D. R. et al, 2017, Wild Edible Plants in Nepal. Proceedings of 2nd National Workshop on CUAOGR, 2017.

Flora of China @ efloras.org Volume 8

Gautam, R. S., et al, 2022, Ethnobotanical Review of Wild Edible Plants of Nepal. Journal of Natural History Museum Volume 32, 2021-22 p 108

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

Zhou Taiyan, Lu Lianli, Yang Guang; Ihsan A. Al-Shehbaz, BRASSICACEAE (CRUCIFERAE), Flora of China.

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1424138c-2a1d-4d04-a60a-6d43cc42a93d