PLANT FACT SHEET

Nephrolepis undulata (Afzel. ex Sw.) J. Sm.

GENUS *Nephrolepis* **FAMILY** Nephrolepidaceae

COMMON NAMES Sword fern

EDIBLE PARTS AND USES

Edible parts: Roots, Tubers

DESCRIPTION

A fern. It is a herb that keeps growing from year to year. It can grow attached to oil palm.

HABITAT

It is a tropical plant. It grows in forests and woodlands. It grows attached to oil palm.

NOTES

Also put in the family Davalliaceae and Oleandraceae.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/142927e2-3d60-47bf-83d8-5e3a0c2b1962