PLANT FACT SHEET

Rumex rugosus Campd.

GENUS *Rumex* **FAMILY** Polygonaceae

COMMON NAMES Sorrel

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb that keeps growing from year to year. It has a ring of leaves near the base. The stems are 50-80 cm tall. The leaves at the base are broadly oval and have a round tip and sword shaped base. They are 5015 cm long. The leaves on the stem are much smaller. The flowering shoots are at the top.

HABITAT

Is is a temperate plant. In Indonesia it grows above 500 m above sea level.

PRODUCTION

Cultivation

Plants can be grown by seeds or by division.

NOTES

There are about 200 Rumex species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/142a2fca-d8eb-42a8-9b22-394b70002641