PLANT FACT SHEET

Thalictrum aquilegiifolium L.

GENUS *Thalictrum* **FAMILY** Ranunculaceae

COMMON NAMES Columbine Meadow-rue, Feathered columbine, French meadow rue

EDIBLE PARTS AND USES

Edible parts: Leaves, Root, Flowers - tea

The flowers are used for tea like drinks.

DESCRIPTION

A perennial herb. It grows 60-90 cm high and 45-60 cm wide. It has several stems. The leaves are carried on purple stems. They are like maidenhair leaves. The leaves are 30 cm wide. The flowers buds are purple and they open to clusters of mauve-pink stamens.

HABITAT

It is a temperate plant. It is frost hardy. It does best in a sunny location. It suits hardiness zones 6-9.

NOTES

There are about 120 Thalictrum species.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/147037c4-a732-4178-82d5-e94b84ceb2dd