PLANT FACT SHEET

Cynara integrifolia Vahl.

GENUS *Cynara* **FAMILY** Asteraceae

COMMON NAMES Spanish cardoon

EDIBLE PARTS AND USES

Edible parts: Stems

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Hedrick, U.P., 1919, (Ed.), Sturtevant's edible plants of the world. p 262

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/14824c95-926d-493b-8e69-e2d63a8e001e