PLANT FACT SHEET

Baccharoides pumila (Kotschy & Peyr.) Isawumi

GENUS *Baccharoides* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Root, Tuber, Vegetable

The tuber is cooked as a vegetable.

DESCRIPTION

A herb with tuberous roots. It has leafy stems 30-60 cm tall. The leaves are 6-10 cm long by 1-2 cm wide. There are teeth along the edge.

HABITAT

It is a tropical plant.

REFERENCES

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Hahn, K., et al, 2018, The use of wild plants for food: a national scale analysis for Burkina Faso (West Africa). FVSS FoodPlants Supplement (As Vernonia pumila)

Peters, C. R., O'Brien, E. M., and Drummond, R.B., 1992, Edible Wild plants of Sub-saharan Africa. Kew. p 93 (As Vernonia pumila)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/14e83807-51c5-458d-8cea-1484b3d5d87c