PLANT FACT SHEET

Cola chlamydantha K. Schum.

GENUS *Cola* **FAMILY** Malvaceae

EDIBLE PARTS AND USES

Edible parts: Fruit, Sap

The pulp of the fruit is eaten.
The sap from the fruit or branches is used in sauces.
The seeds are chewed.

DESCRIPTION

A tree. It grows 20 m tall. The flowers are in the trunk. The flowers are deep red. The fruit carpels are green to red. They are 14 cm long. There are 9-12 follicles arranged in a ring. They have 20-24 bright red seeds.

HABITAT

It is a tropical plant. It grows from sea level to 900 m above sea level.

REFERENCES

Ferns, Useful Tropical Plants

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World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/15170cf8-5105-417e-85f7-2bc5c919a03a