PLANT FACT SHEET

Borago pygmaea (DC.) Chatter & Greuter

GENUS *Borago* **FAMILY** Boraginaceae

COMMON NAMES Dwarf borage, Prostrate borage

EDIBLE PARTS AND USES

Edible parts: Leaves - spice, Flowers - drinks

DESCRIPTION

A herb. It is low growing and keeps growing from year to year. It grows 30 cm tall and spreads 45 cm wide. The flowers are small and blue. They are star shaped.

HABITAT

It is a Mediterranean plant.

REFERENCES

Rivera, D. et al, 2006, Gathered Mediterranean Food Plants - Ethnobotanical Investigations and Historical Development, in Heinrich M, Müller WE, Galli C (eds): Local Mediterranean Food Plants and Nutraceuticals. Forum Nutr. Basel, Karger, 2006, vol 59, pp 18–74

Seidemann J., 2005, World Spice Plants. Economic Usage, Botany, Taxonomy. Springer. p 68

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/151b9a4b-2a72-4c76-b89e-cd4fcdcdf706