PLANT FACT SHEET

Asplenium australasicum Hook.

GENUS *Asplenium* **FAMILY** Aspleniaceae

COMMON NAMES Bird's nest fern, Crow's nest fern

EDIBLE PARTS AND USES

Edible parts: Fronds, Leaves

The young fronds are cooked and eaten.

DESCRIPTION

A fern. It grows attached to trees. It has a ring of fronds 60-80 cm long and 3-21 cm wide.

HABITAT

It is a tropical plant.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

Wikipedia

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/15425465-b4b6-4ccb-a8f1-61bed47dc4e7