PLANT FACT SHEET

Synurus deltoides (Aiton) Nakai

GENUS *Synurus* **FAMILY** Asteraceae

COMMON NAMES Surich'wi

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves are used in rice cakes and with seasoned vegetable.

DESCRIPTION

A herb. It grows 0.7-1.5 m tall. It has a stout rootstock. The stem occurs singly and is stout. It can be felted at the base and in ribbed. The leaves are grey and felted underneath. The lower leaves have narrowly winged leaf stalks 30 cm long. The leaves are oval or heart shaped and 10-26 cm long by 12-20 cm wide. Leaves higher up are smaller.

HABITAT

It is a temperate plant. It grows on the edges of forests and in meadows between 500-2,200 m above sea level in north China. In Yunnan.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/157a5e16-4cb7-4021-844e-cd7718a89b1a