PLANT FACT SHEET

Pinanga modesta Becc.

GENUS *Pinanga* **FAMILY** Arecaceae

COMMON NAMES Lampigi

EDIBLE PARTS AND USES

Edible parts: Cabbage, Palm heart

The bud is cooked and eaten.

DESCRIPTION

A slender and very small palm. The stems are 1 to 3 cm across. The leaves are short with very few (4 or 5) unequal 3- to 7-ribbed segments on each side of the axis of the leaf. The flower arrangement is a flower spike along a central axis with 3 or 4 branches only. The fruit are exactly in two rows and narrowly oval with a conical point. They are 15 to 16 mm by 6 or 7 mm. The seed has a tail at the base.

HABITAT

A tropical plant. They occur in primary forest at low and medium altitudes up to1200 m in the Philippines. They are reported from Mindanao.

REFERENCES

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World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1586429c-e681-4d63-a579-e8b310dc47af