PLANT FACT SHEET

Gentiana szechenyii Kanitz

GENUS *Gentiana* **FAMILY** Gentianaceae

EDIBLE PARTS AND USES

Edible parts: Leaves - fermentation

The leaves are used as a fermenting agent.

DESCRIPTION

A herb. It grows 5-7 cm tall and keeps growing from year to year. It has a short, stout taproot. The leaves are slightly broader at the base and taper at the tip. There is a ring of leaves at the base. They are 4-6 cm long by 3-10 mm wide. The flowers occur singly at the end of the stem. They are tube shaped. This is 1.2-1.7 cm long and the lobes are narrow and 0.7-1.7 cm long

HABITAT

It is a cold temperate plant. It grows between 3,000-4,800 m above sea level.

REFERENCES

Zhang, L., et al, 2016, Ethnobotanical study of traditional edible plants used by the Naxi people during droughts. Journal of Ethnobiology and Ethnomedicine. 12:39

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1599d198-64d0-445b-abc6-d83e9bd54263