PLANT FACT SHEET

Veronica spuria L.

GENUS *Veronica* **FAMILY** Plantaginaceae

COMMON NAMES Speedwell

EDIBLE PARTS AND USES

Edible parts: Leaves

The shoots and leaves are eaten.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

NOTES

There are about 250 Veronica species.
Also put in the family Scrophulariaceae.

REFERENCES

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

READ,

Sp. pl. 1:10. 1753

Urgamal, M., Oyuntsetseg, B., Nyambayar, D. & Dulamsuren, Ch. 2014. Conspectus of the vascular plants of Mongolia. (Editors: Sanchir, Ch. & Jamsran, Ts.). Ulaanbaatar, Mongolia. "Admon" Press. 334pp. (p. 79-90).

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/15bfaaba-6ba7-42f7-9b22-9efa2fc8c635