PLANT FACT SHEET

Moraea sisyrinchium (L.) Ker Gawl.

GENUS *Moraea* **FAMILY** Iridaceae

COMMON NAMES Spanish nut, Barbary nut

EDIBLE PARTS AND USES

Edible parts: Root, Nuts, Corm, Bulb

The rhizome is eaten raw or roasted.

DESCRIPTION

A low plant which has a corm. It keeps growing from year to year. There are few leaves. Often there are only 1-2 leaves. They are deep green and have channels. They are 5-8 mm wide and often longer than the flower stem. There are up to 4 pairs of bracts. Each enclose several flowers. They are papery. The flowers are 22-40 mm long and bluish-lilac. The flowers only last a short time from midday until evening. The flowers are like iris with a white or yellow patch on the falls. The ovary has a slender solid neck. This is 20-30 mm long.

HABITAT

It is a Mediterranean climate plant. It grows in cultivated and waste places.

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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