PLANT FACT SHEET

Cryosophila warscewiczii H. Wendl.

GENUS *Cryosophila* **FAMILY** Arecaceae

EDIBLE PARTS AND USES

Edible parts: Palm heart, Flower

DESCRIPTION

A palm.

HABITAT

It is a tropical plant.

REFERENCES

Sylvester, O., et al, 2012, Notes on the Ethnobotany of Costa Rica's Palms. Palms Vol. 56(4) p 190

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/15ffd634-4d31-4ffb-bc7c-a1b94a6bf0f9