PLANT FACT SHEET

Laminaria ochroleuca Bachelot de la Pylaie

GENUS *Laminaria* **FAMILY** Laminariaceae

COMMON NAMES Golden kelp

EDIBLE PARTS AND USES

Edible parts: Algae, Seaweed

DESCRIPTION

A brown seaweed.

HABITAT

It is a temperate plant.

REFERENCES

Cherry, P., et al, 2019, Risks and benefits of consuming edible seaweeds. Nutrition ReviewsVR Vol. 77(5):307–329

http://www.seavegetables.com

Pereira, L., 2011, A Review of the Nutrient Composition of Selected Edible Seaweeds. In Seaweed. Pomin V. H., (Ed.) Nova Science Publishers, Inc

Sanchez-Machado, et al, 2003, High-Performance Liquid Chromatographic Analysis of Amino Acids in Edible Seaweeds after Derivatization with Phenyl Isothiocyanate. Chromatographia 58: 159-163

Sanchez-Machado, D. I. et al, 2004, Fatty acids, total lipid, protein and ash contents of processed edible seaweeds. Food Chemistry 85: 439-444

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/160dc33a-511c-4b0f-8505-864bd81161aa