PLANT FACT SHEET

Adenia trilobata (Roxb.) Engl.

GENUS *Adenia* **FAMILY** Passifloraceae

EDIBLE PARTS AND USES

Edible parts: Seeds

The seeds are eaten fresh.

DESCRIPTION

A creeping plant. The stems can be 20 m long. The leaves usually have 3 lobes. The lobes are narrowly sword shaped and 7-15 cm long by 3 cm wide. The fruit is oblong and slightly 3 angled. They are 5-6 cm long by 2-3 cm wide they are greenish.

HABITAT

It is a subtropical plant. It grows in hot forest.

REFERENCES

Mozhui, R., et al, 2011, Wild edible fruits used by the tribals of Dimapur district of Nagaland, India. Pleione 5(1): 56 - 64.

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/160f39f6-1ffe-4f2f-b34c-829f93056b03