PLANT FACT SHEET

Oxalis incarnata L.

GENUS *Oxalis* **FAMILY** Oxalidaceae

COMMON NAMES Pale pink-sorrel

EDIBLE PARTS AND USES

Edible parts: Leaves, Stems

The leaves can be used as a garnish on soft foods such as ice-cream and sorbet and soft cheese.
The stems can be chopped and used in salads or as a vegetable.

DESCRIPTION

A herb. It keeps growing from year to year. It has small bulbs. The stems are upright with a crown of leaves and flowers. These are on single stalks with all stalks growing from a single point.

HABITAT

It is a temperate plant. It grows best in shady positions.

REFERENCES

Irving, M., 2009, The Forager Handbook, A Guide to the Edible Plants of Britain. Ebury Press p 310

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/161d0703-a4b3-4db3-b17b-8df97c2c453c