PLANT FACT SHEET

Dicerocaryum eriocarpum (Decne.) Abels

GENUS *Dicerocaryum* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

Leaves are eaten as a vegetable.

DESCRIPTION

A herb. It lies along the ground. It is hairy. The leaves are broadly oval and can have teeth along the edge. The flowers are white or pink. The fruit are round.

HABITAT

It is a subtropical plant. It grows in grassland and along river banks.

REFERENCES

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/16555a05-437a-4661-9701-7a7a2e1e6edd