PLANT FACT SHEET

Tillandsia recurvata (L.) L.

GENUS *Tillandsia* **FAMILY** Bromeliaceae

COMMON NAMES Ball moss, Bunch moss

EDIBLE PARTS AND USES

Edible parts: Stems, Shoots, Flowers, Fruit

The tender stems are eaten raw.

DESCRIPTION

A climbing herb. It grows in dense masses. The stems are simple and 1-10 cm long. They have the leaf bases wrapped around them. The leaves are 3-17 cm long. The fruit is a narrow cylinder shaped capsule 2-3 cm long.

HABITAT

It is a tropical plant. It grows in dry areas and open woods. In Central America it grows from 5-1,500 m above sea level.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1668dc7f-c076-40b1-8c8b-d90b823ac2b6