PLANT FACT SHEET

Licuala paludosa Griff.

GENUS *Licuala* **FAMILY** Arecaceae

COMMON NAMES Swamp fan palm, Palas palm

EDIBLE PARTS AND USES

Edible parts: Cabbage, Pith, Palm heart

The shoots is eaten as a vegetable.

DESCRIPTION

A palm which can occurs in clumps. The trunk is about 4-6 m high. The stems are 2.5 cm wide. It has an open crown. The leaves are dark green and round. Leaves are about 50-100 cm across. They are carried on slender leaf stalks about 60 cm long. The edges of the leaf stalks have small black thorns. The leaf blade is divided into 6-10 pleated wedge shaped segments. These are toothed on the ends. The flower stalk is stout and branched. It is about 1 m long. The flowers are white and 6 mm long. The fruit are round and red and 7 mm across.

HABITAT

It is a tropical plant. It will grow in subtropical areas. It grows in wet, sandy or peaty soil. It grows from near the sea to the mountains. It needs an open sunny position and plenty of water.

PRODUCTION

Cultivation

Plants can be grown from seeds.

NOTES

There are 108 Licuala species. They grow in Asia and Australia.

PICTURES



Credit: Food Plants International (Bruce French)



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Credit: Food Plants International (Bruce French)



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