PLANT FACT SHEET

Maianthemum bifolium (L.) F. W. Schmidt

GENUS *Maianthemum* **FAMILY** Asparagaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

The fruit are used to make wine. They are also eaten as a snack.

DESCRIPTION

A herb. It grows 8-20 cm tall. The rhizome is 20 cm long by 1-2 mm wide and can be forked. The stems can have scattered hairs. There are usually 2 leaves on the stem. The leaves are 3-8 cm long by 1-5 cm wide. The veins areahiry underneath the leaf. The base is heart shaped and there are small teeth along the edge. The flowers occur singly or in pairs. They are white. The fruit is a red berry 3-6 mm across.

HABITAT

It is a temperate plant. It grows in moist places and on hillsides along streams between 500-2,700 m above sea level in north China.

NOTES

Also put in the families Malvaceae, Convallariaceae and Liliaceae.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1708d0e8-77f9-4b0d-8ae3-73351f61ba6a