PLANT FACT SHEET

Gardenia thunbergia Thunb.

GENUS *Gardenia* **FAMILY** Rubiaceae

COMMON NAMES White gardenia, Starry gardenia

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A shrub or small tree. It grows 5 m tall. The main stem is smooth and white. The leaves are in clusters at the ends of the short branches. The flowers are large and creamy white with 8 petals. The fruit are greyish and woody. They are hard to open.

HABITAT

It is a tropical plant.

NOTES

Medicine,

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

Fox, F. W. & Young, M. E. N., 1982, Food from the Veld. Delta Books. p 321 (Has L.f. but possibly Thunb.)

https://growwild.co.za Edible Indigenous plants

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 96

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1776fd35-bc24-446c-a683-80d5d82666db