PLANT FACT SHEET

Pedicularis bifida (Buch.-Ham. ex D. Don) Pennell

GENUS *Pedicularis* **FAMILY** Orobanchaceae

COMMON NAMES Entire leaf lousewort

EDIBLE PARTS AND USES

Edible parts: Leaves, Roots

The leaves are cooked as a vegetable, preferably with dried fish.

DESCRIPTION

A herb. The leaves are entire. They are narrowly oval and have coarse round teeth. The flowers are pink. They are in loose leafy spikes.

HABITAT

It is a temperate plant. It grows between 1,000-2,700 m above sea level in the Himalayas.

NOTES

Also put in the family Scrophulariaceae.

REFERENCES

Kayang, H., 2007, Tribal knowledge on wild edible plants of Meghalaya, Northeast India. Indian Journal of Traditional Knowledge. Vol. 6(1), January 2007, pp. 177-181 (As Pedicularis carnosa)

Lim, T. K., 2015, Edible Medicinal and Non Medicinal Plants. Volume 9, Modified Stems, Roots, Bulbs. Springer p 63 (As Pedicularis carnosa)

Maikhuri, R, K, and Gangwar, A. K., 1993, Ethnobiological Notes on the Khasi and Garo Tribes of Meghalaya, Northeast India, Economic Botany, Vol. 47, No. 4, pp. 345-357 (As Pedicularis carnosa)

Sawian, J. T., et al, 2007, Wild edible plants of Meghalaya, North-east India. Natural Product Radiance Vol. 6(5): p 420 (As Pedicularis carnosa)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/17c2229f-cba7-40d1-9a05-46a4bc1c1a3d