PLANT FACT SHEET

Begonia heracleifolia Cham. & Schldl.

GENUS *Begonia* **FAMILY** Begoniaceae

COMMON NAMES Star begonia, Starleaf begonia

EDIBLE PARTS AND USES

Edible parts: leaves

DESCRIPTION

A herb. It grows 75 cm tall. It has rhizomes. The stems are creeping and branched. They are very hairy. The leaves are almost round and 26 cm across. They have lobes with pointy tips and arranged in a star shape or like fingers on a hand. There are 5-9 lobes. The base is deeply heart shaped. There are double teeth along the edge. They are dark green above and dark red underneath. The leaf stalk is 45 cm long. The flowers are in dense groups and are pink. They are in the axils of leaves. The fruit is oval and green and with 3 sections.

HABITAT

It is a tropical plant. It grows between 800-1,300 m altitude in Mexico.

PRODUCTION

Cultivation

Plants can be grown from offsets. It can also be grown from seeds or stem cuttings.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/17eed223-9781-4051-8c19-0f47590c4b7b