PLANT FACT SHEET

Malva aegyptia L.

GENUS *Malva* **FAMILY** Malvaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked in a stew.

DESCRIPTION

A herb. It grows each year from seed. The stems can be erect or lying over. The leaves are almost round but with deep lobes. The flowers are in clusters at the tops of branches.

HABITAT

It is a Mediterranean climate plant. It grows in savanna.

REFERENCES

Dop, M. C., et al, 2019, Identification and frequency of consumption of wild edible plants over a year in central Tunisia: a mixed-methods approach. Public Health Nutrition: 23(5), 782–794

Karous, O., et al, 2021, Ethnobotanical Study on Plant Used by Semi-Nomad Descendants' Community in Ouled Dabbeb–Southern Tunisia. Plants 2021, 10, 642

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/17f19eda-5d46-4ef8-957a-9af29ef70f1b