PLANT FACT SHEET

Salsola baryosma Dandy

GENUS *Salsola* **FAMILY** Amaranthaceae

COMMON NAMES Saltwort

EDIBLE PARTS AND USES

Edible parts: Leaves - juice, Manna

Manna is obtained from the leaves. It hardens and is scraped off for eating.
Caution: The leaves themselves contain alkaloids.

DESCRIPTION

A shrub. It grows 1 m tall. The young stems are purplish. The leaves are narrow and have soft hairs. Older plants become branching shrubs with leaves like tiny knotted balls. The old stems are woody. The flowers are small and yellow. The fruit have pale yellow wings are are showy. The stems and leaves when crushed have a bad smell.

HABITAT

It is a Mediterranean plant. It will grow in salty soil. In Bahrain it grows from seashore to stony desert. It can grow in arid places.

NOTES

Also put in the family Chenopodiaceae.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/18056a7b-7cbd-46f1-a58d-5c84a313c4f4