PLANT FACT SHEET

Helichrysum nudifolium var. pilosellum (L. f.) Beentje

GENUS *Helichrysum* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Stem, Leaves - tea

DESCRIPTION

A herb that keeps growing from year to year. The leaves are usually in a ring near the base. The stem does not have leaves. The leaves are rough above and have a green felt underneath.

HABITAT

It is a tropical plant. It grows in grassland near wet areas. It can grow in arid places.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/18148d6e-28d4-417d-b8d4-04b55bd505ac