PLANT FACT SHEET

Dryopteris dilatata subsp. dilatata (Hoffm) A. Gray

GENUS *Dryopteris* **FAMILY** Dryopteridaceae

EDIBLE PARTS AND USES

Edible parts: Rhizomes, Root

DESCRIPTION

A fern.

HABITAT

It is a temperate plant.

REFERENCES

Turner, N., 1995, Food Plants of Coastal First Peoples. Royal BC Museum Handbook p 26 (As Dryopteris austriaca)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/18433480-fd0b-4169-aa4d-0b77f3d11abd