PLANT FACT SHEET

Scutellaria repens Buch.-Ham. ex D. Don

GENUS *Scutellaria* **FAMILY** Lamiaceae

COMMON NAMES Charpate

EDIBLE PARTS AND USES

Edible parts: Root, Leaves

The fresh roots are chewed casually.
The young shoots and leaves are cooked as a vegetable.

DESCRIPTION

A scrambling shrub. It grows about 2 m high. The leaves are stalked. They are 0.8-2.5 cm long. They are oval and taper to the tip. The lower leaves usually have coarse round teeth. The upper leaves do not have teeth. Leaves have fine hairs underneath. The flowers are yellowish tinged with pink. They occur in the axils of leaf bracts. The fruit is a small nutlet. It is blue.

HABITAT

It is a subtropical plant. In Nepal they grow between 600-2100 m altitude. They grow in open places in rock crevices.

PRODUCTION

Cultivation

Plants are grown from seed.

NOTES

There are about 350 Scutellaria species.

REFERENCES

Manandhar, N.P., 2002, Plants and People of Nepal. Timber Press. Portland, Oregon. p 420
Wild edible plants of Himachal Pradesh

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/184fbd02-a932-4b90-8852-b6bb4d4b0709