PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Corydalis ambigua Cham. & Schltdl.

GENUS *Corydalis* **FAMILY** Papaveraceae

EDIBLE PARTS AND USES

Edible parts: Root, Tuber, Leaves

The tuber needs to be properly prepared to remove alkaloids. It is soaked in water for 2 days and then pounded to remove the starch.
The leaves have a sweet taste when sucked.

DESCRIPTION

A herb that develops tubers.

HABITAT

It is a temperate plant.

NOTES

There are about 320 Corydalis species. They are mostly north temperate.
The tuber contains many alkaloids.

REFERENCES

Linnaea 1:558. 1826

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

Williams, D., 2017, Ainu Ethnobiology. Contributions in Ethnobiology. Society of Ethnobiology.

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1850f97d-e5be-43fe-b057-8a5cf5d77ca2