PLANT FACT SHEET

Spiraea canescens D. Don

GENUS *Spiraea* **FAMILY** Rosaceae

EDIBLE PARTS AND USES

Edible parts: Fruit, Stem - tea

The fruit are eaten fresh.
The stem cortex is boiled with sugar and then drunk as a tea.

DESCRIPTION

A shrub.

HABITAT

It is a temperate plant.

REFERENCES

Ahmad, K. & Pieroni, A., 2016, Folk knowledge of wild food plants among the tribal communities of Thakht-e-Sulaiman Hills, North-West Pakistan. Journal of Ethnobiology and Ethnomedicine, 12:17

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/18523b6b-ddee-4f7f-ac10-fb826d4043a5