PLANT FACT SHEET

Maranthes polyandra (Benth.) Prance

GENUS *Maranthes* **FAMILY** Chrysobalanaceae

EDIBLE PARTS AND USES

Edible parts: Fruit, Leaves - masticatory, Wood - salt, Seeds

The fruit are rarely eaten. They are eaten raw. The fruit can be used for jam.
The seeds are cracked and eaten.

DESCRIPTION

A tree. It grows 8 m high. The fruit are oval and dark red or purple-black. They are 2.5 cm long.

HABITAT

A tropical plant. It grows in the wooded savannah in West Africa.

NOTES

There are about 10 Maranthes species. They are mostly in tropical Africa.

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PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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