PLANT FACT SHEET

Calyptronoma plumeriana (Mart.) Lourteig

GENUS *Calyptronoma* **FAMILY** Arecaceae

COMMON NAMES Manaca

EDIBLE PARTS AND USES

Edible parts: Male flowers

The male flowers are eaten for their sweet nectar.

DESCRIPTION

A solitary palm. It grows 4-10 m high. The trunks are 10-20 cm across. There are 12-16 leaves. The leaves have leaflets along the stalk. These are regularly arranged and spread in the same plane. Both male and female flowers occur on the one plant. The flowering stalks grow out from beneath the leaf crown. The flower stalk is short with flowers congested on it. There are 3-5 flowering branches 13-22 cm long. The fruit are small and brown or black when mature.

HABITAT

A tropical plant. It grows in wet forests and along streams. They grow in low lying wet areas.

NOTES

There are 3 Calyptronoma species.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/18ac16a5-c9db-4116-9dbd-e01e26e217e9