PLANT FACT SHEET

Rumex chrysocarpus Moris

GENUS *Rumex* **FAMILY** Polygonaceae

COMMON NAMES Pale dock, Amamastla dock

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb that keeps growing from year to year. It has a rootstock just under the ground. The stem can be erect and 40-60 cm long. The leaves are 5-12 cm long by 2-4 cm wide. They are widest below the middle.

HABITAT

It is a temperate plant.

REFERENCES

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 768

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/18caff29-1789-4eb8-ac87-e6f21be9c515