PLANT FACT SHEET

Mentha x villosa-nervata Opiz

GENUS *Mentha* **FAMILY** Lamiaceae

COMMON NAMES Sharp-tooth mint

EDIBLE PARTS AND USES

Edible parts: Flavouring

DESCRIPTION

A herb. It is a hybrid between spear mint (Mentha spicata) and horse mint (Mentha longifolia). The leaves have sharp pointed teeth around the edge and the leaves are hairy. The flowers are pale purple.

HABITAT

It is a temperate plant.

REFERENCES

Wiersema, J. H. & Leon, B., 2013, World Economic Plants. A Standard Reference CRC Press. 2nd Ed. p 444

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/18da21ae-0a5c-470e-a59d-704d466a2a8a