PLANT FACT SHEET

Alyssum contemptum Schott & Kotschy

GENUS *Alyssum* **FAMILY** Brassicaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The young plants are boiled then fried in oil.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Galalaey, A. M. K., et al, 2021, Ethnobotanical study of some wild edible plants in Hujran Bason, Kurdistan Region of Iraq. ZANCO Journal of Pure and Applied Sciences. Salahaddin University-Erbil p 26

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/18e3016d-db81-4073-948a-fa1e314d495d