PLANT FACT SHEET

Amphiblemma ciliatum Cogn.

GENUS *Amphiblemma* **FAMILY** Melastomataceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A shrub. It grows 1 m tall. The branches are slender and woody.

HABITAT

A tropical plant. It grows in undergrowth in forests. It grows up to 1,100 m above sea level.

REFERENCES

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 55 (As Amphiblemma wildemanianum)

Martin, F.W. & Ruberte, R.M., 1979, Edible Leaves of the Tropics. Antillian College Press, Mayaguez, Puerto Rico. p 204 (As Amphiblemma wildemanianum)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/18ff3e2a-334b-406c-b224-1a1d993bc768