PLANT FACT SHEET

Modiola caroliniana (L.) G. Don

GENUS *Modiola* **FAMILY** Malvaceae

COMMON NAMES Mauve, Bristly mallow, Cheeses, Red-flowered mallow

EDIBLE PARTS AND USES

Edible parts: Leaves - drink

A few leaves are soaked for 2-3 hours in water to make a drink.

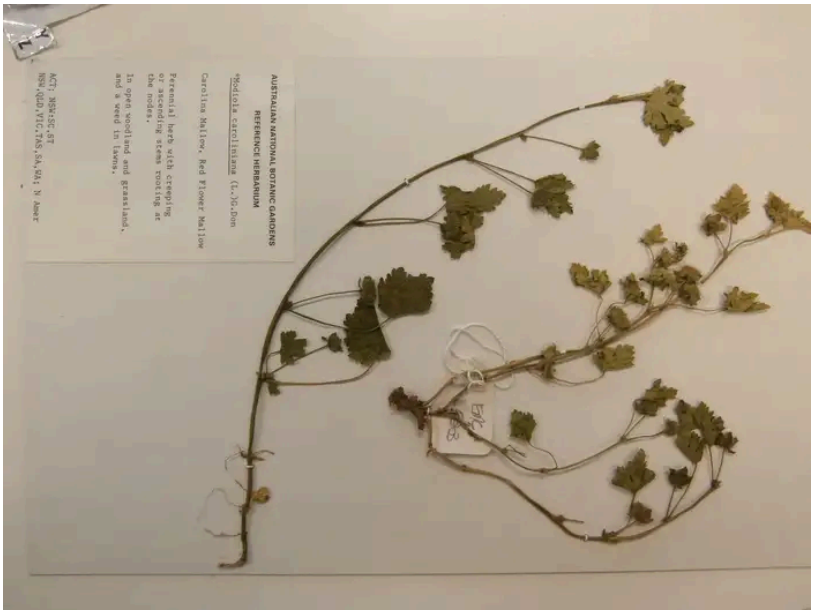
DESCRIPTION

A herb. It can grow each year from seed or last for a few years. It forms roots at the nodes. It grows about 25 cm tall. The leaves are broadly oval and 3-4 cm long by 2-3 cm wide. There are 3-7 lobes. These have teeth. The flowers are red of orange. The fruit is a capsule 7-9 mm across.

HABITAT

It is a temperate to tropical plant. In Argentina it grows from sea level to 2,100 m above sea level.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/18ffc92a-15f3-46c6-a13d-ca24e01d0893