PLANT FACT SHEET

Axyris amaranthoides Linn.

GENUS *Axyris* **FAMILY** Amaranthaceae

COMMON NAMES Upright axyris

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

Young leaves are used as a vegetable.

DESCRIPTION

An annual herb. It grows 20-80 cm high. The stems are erect and stout. Both male and female flowers are on the same plant. The stems are upright and 20-80 cm tall. The lower leaves have short leaf stalks. They are oval to pointed. The upper leaves are rounded oval shape with leaf stalks. There are teeth along the edge. The male flowers are in narrow spikes at the top and there are one or two female flowers in the leaf axils below the male flowers. The fruit are oval, red and dry.

HABITAT

It is a temperate plant.

NOTES

Also put in the family Chenopodiaceae.

REFERENCES

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 76

Flora of China.

Rawat, G.S., & Pangtey, Y.P.S., 1987, A Contribution to the Ethnobotany of Alpine Regions of Kumaon. J. Econ. Tax. Bot. Vol. 11 No. 1 pp 139-147

Sp. pl. 2:979. 1753 (type species)

Tanaka,

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1950c8ce-e42e-48fc-b8f3-6205744b14e3