PLANT FACT SHEET

Leucas jamesii Baker

GENUS *Leucas* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Plant

DESCRIPTION

A shrub. It grows 0.4-2 m tall. The branches are thin and hairy. The leaves are 2-8 cm long by 4-15 mm wide. They are hairy underneath. There are 3-10 flowers in a group. The nutlets are triangle shaped.

HABITAT

It is a tropical plant. It grows in desert or dry areas. In Somalia it grows between 100-1,400 m above sea level.

REFERENCES

Mutie, F. M., et al, 2023, Important Medicinal and Food Taxa (Orders and Families) in Kenya, Based on Three Quantitative Approaches. Plants 2023, 12, 1145

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/197c5248-efd8-4fce-b728-78d8e776da27