PLANT FACT SHEET

Pinguicula vulgaris L.

GENUS *Pinguicula* **FAMILY** Lentibulariaceae

COMMON NAMES Butterwort, Thickening grass

EDIBLE PARTS AND USES

Edible parts: Leaves - thickening agent

Cultured milk is poured over the leaves which provide lactic acid that acts as a thickening agent.
It is also used instead of garlic.

DESCRIPTION

A herb. It has rhizomes. The leaves are in a ring at the base. It grows 3-16 cm tall. The flower is purple. It is shaped like a funnel.

HABITAT

It is a temperate plant. It grows in damp locations such as swamps.

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1a350566-b910-46af-92c3-170975dc4cd5