PLANT FACT SHEET

Globba clarkei Baker

GENUS *Globba* **FAMILY** Zingiberaceae

EDIBLE PARTS AND USES

Edible parts: Shoots

The tender shoots are cooked and eaten as a vegetable or boiled with rice.

DESCRIPTION

A ginger family herb. It has a rhizome and keeps growing from year to year. The leafy shoots are 1 m long. The leaves are sword shaped and 10-30 cm long by 4-6 cm wide. The flowers are small and yellow. They are in thin clusters along the stem. The fruit is a smooth capsule.

HABITAT

It is a tropical and subtropical plant. It grows between 600-1,900 m above sea level.

REFERENCES

Pfoze, N. L., et al, 2012, Survey and assessment of floral diversity on wild edible plants from Senapati district of Manipur, Northeast India. Journal or Biodiversity and Environmental Sciences. 1(6):50-52

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1a37db1d-51fc-4e45-aa10-895dbcbe2f33